



MAWA'S KITCHEN

A S P E N

TO START

ULTIMATE BUTTER CROISSANT 3.75

REAL CHOCOLATE CROISSANT 3.95

ORGANIC CHIA PUDDING BOWL GF, V
Made with coconut and almond milk, banana, fresh berries 11.95

GRAINFREENOLA PARFAIT BOWL GF
Mawa's housemade organic gluten-free GrainFreeNola, greek yogurt, banana and fresh berries 11.95

COCONUT YOGHURT v Add 2

SMOKED MAINE SALMON PLATE*
Choice of bagel, beefsteak tomatoes, red onion, capers, hard boiled eggs, whipped cream cheese 16.95

MORNING GLORY

HUEVOS RANCHEROS
Black beans, corn tortillas, free range eggs, chorizo sausage, pepper jack, chipotle salsa 12.95

CHIPOTLE SWEET POTATO HASH GF
Sweet potatoes, spinach, black beans, onion, local free range eggs 12.95 *add chorizo 1.95*

BUTTERMILK BISCUIT & GRAVY*
Buttermilk biscuit, sausage gravy, two local free range eggs - over easy, lyonnaise potatoes 12.95

CROQUE MADAME*
Toasted ham and cheese on brioche with a fried egg and mornay sauce, lyonnaise potatoes 12.95

AMERICAN BREAKFAST*
Two Local free range eggs - any style, tender belly bacon or sausage, lyonnaise potatoes, choice of toast, or bagel 13.95

PLANT BASED BREAKFAST v
Tofu scrambled, avocado, lyonnaise potatoes, served with your choice of toast or bagel 14.95

3 EGG DENVER OMELET*
Local free range eggs, ham, gruyere swiss cheese, peppers served with toast, or bagel and lyonnaise potatoes 14.95

3 EGG VEGGIE OMELET *
Organic spinach, avocado, basil pesto, goat cheese - served with toast, or bagel and lyonnaise potatoes 14.95

MAWA'S BENEDICT*
Served on potato latke, two soft poached eggs, classic hollandaise sauce

VEGETARIAN:* beefsteak tomatoes, avocado 15.95
CLASSIC:* black forest ham 15.95
MAINE SMOKED SALMON*: sauteed spinach 17.95

FARMER'S WIFE *
Assortment of roasted seasonal vegetables, lyonnaise potatoes, two local free range eggs over easy and buttermilk biscuit 14.95
Sub Scrambled Tofu v

SMASHED AVOCADO CURRY v
Smashed avocado, curry, lime, hempseeds served Rustic Bread, One Local free range egg, cup of fresh fruit 14.95

FALL/ WINTER TARTINE v
Roasted butternut squash, almond cream spread, arugula, candied walnuts, balsamic reduction 12.95

MAWA'S FAMOUS FRENCH TOAST GF
Gluten-free buttermilk bread, fresh berries, Vermont maple syrup 12.95

SWEET POTATO PANCAKE GF
Mawa's Grain-Free-Nola, Vermont maple syrup 12.95

OLD FASHIONED BUTTERMILK PANCAKE
Fresh berries, Vermont maple syrup 11.95

SIDES

SCRAMBLED TOFU 5.95
TENDER BELLY BACON (2) 5.95
SAUSAGE OF THE DAY 4.95
POTATO LATKE WITH SOUR CREAM 6.95
BUTTERMILK PANCAKE (1) 6.95
SWEET POTATO PANCAKE (1) 7.95
WARM BUTTERMILK BISCUIT 3.95
LYONNAISE POTATOES 3.95
MAINE SMOKED SALMON 8.95
GLUTEN-FREE TOAST 2.50/slice

REFRESHERS

CHAPMAN JUICE
Spinach, celery, romaine, banana, cilantro 8.95
Add: Matcha Green Tea (Energy) 1.95

GREEN MACHINE
Kale, cucumber, granny smith apple, lemon, spinach, cinnamon 8.95
Add: Matcha Green Tea (Energy) 1.95

CARROT & GINGER
Carrot, ginger, turmeric, granny smith apple 8.95
Add: Matcha Green Tea (Energy) 1.95

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs can be hazardous to your health.



MAWA'S KITCHEN

ASPEN

SALADS (LUNCH SERVED AT 11AM)

Add rotisserie chicken 6, ahi tuna 7*,
grilled Norwegian Salmon 8*, grilled tofu 5

RAINBOW QUINOA TABOULEH SALAD & ROASTED TOMATO BASIL SOUP **GF**

peppers, olives, red onions, cucumber, sun dried tomatoes, italian parsley, basil, avocado oil, feta cheese 14.95

FREE RANGE ROTISSERIE CHICKEN COBB **GF**

Organic romaine heart, cherry tomatoes, blue cheese, tender belly bacon, hard boiled egg, avocado, Mawa's Green Goddess dressing 17.95

THAI CHICKEN NOODLE SALAD **GF**

Free range rotisserie chicken, edamame, cabbage slaw, organic arugula, raw chashews, bell peppers, housemade sesame ginger dressing 17.95
sub chicken for ahi tuna* 18.95

ORGANIC ARUGULA & QUINOA **GF**

Organic arugula, rainbow quinoa, roasted butternut squash, Peruvian peppers, goat cheese, candied walnuts, house made apple cider vinaigrette 13.95

TOAST - TARTINE

Served with Organic Mixed Green Salad
sub gluten-free bread 2.50, add free range egg 1.95

FALL/ WINTER TARTINE **v**

Roasted butternut squash, almond cream spread, arugula, candied walnuts, balsamic reduction 13.95

SMASHED AVOCADO CURRY TARTINE **v**

Smashed avocado, curry, lime, hempseed 15.95

SANDWICHES & WRAPS

Served with fresh fruit salad & cole slaw
sub gluten-free bread 2.50, sub truffled potato chips 2.95

MAWA'S BIG WRAP **v**

House made chickpea hummus, roasted seasonal vegetables, farm greens, on sprouted wheat tortilla 13.95

RED WINE BRAISED BEEF SHORT RIBS

Farm arugula, gruyere cheese fondue, caramelized onions, on a french demi baguette 15.95

TURKEY CLUB

Oven roasted turkey, cherrywood smoked bacon, garlic chive aioli, avocado, lettuce, beefsteak tomato on foccacia bread 14.95

AHI TUNA BAHN MI*

Ahi tuna, pickled vegetables, garlic chive aioli sesame ginger sauce on a french demi baguette 14.95

ROTISSERIE CHICKEN

Free range rotisserie chicken, farm arugula, pickled red onion sriracha aioli, on foccacia bread 12.95

THANKSGIVING HOLIDAY

EVERYTHING YOU NEED FOR THE QUINTESSENTIAL HOLIDAY TABLE!

THANKSGIVING DINNER MENU

OUR PACKAGES START AT
\$349 SERVES 4-6 GUESTS

SELECT OF OUR EXTENSIVE A LA CARTE MENU

TO PLACE YOUR ORDER
EMAIL:

DANIEL@MAWASKITCHEN.COM

***ORDERS MUST BE RECEIVED BY NOVEMBER 15TH**

MEAL PICK UP OR DROP OFF

PICK UP YOUR MEALS OR HAVE US DROP IT OFF.

WE DELIVER THE HIGHEST QUALITY FOOD TO YOUR SOCIAL AND BUSINESS EVENTS

FOR BREAKFAST, LUNCH, DINNER, SNACKS, AND MORE.

DANIEL@MAWASKITCHEN.COM
970.544.4862

CATERING

SPEND MORE TIME AT THE TABLE

Let us cater your next soiree so you can enjoy time with family and friends.

Our team of talented chefs have created catering menus that highlight seasonal, local ingredients along with exotic, global flavors for dishes that are delicious.

Paired with the highest quality of service, we'll make your event one to remember.

Daniel@mawaskitchen.com
970.544.4862

MawasKitchen.com

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs can be hazardous to your health.