



MAWA'S KITCHEN

A S P E N

MORNING GLORY

ULTIMATE BUTTER CROISSANT 3.75

REAL CHOCOLATE CROISSANT 3.95

GRAINFREENOLA PARFAIT BOWL **GF**

Mawa's housemade organic gluten-free **GrainFreeNola**, greek yogurt, banana and fresh berries 11.95

SMOKED MAINE SALMON PLATE*

Choice of bagel, beefsteak tomatoes, red onion, capers, hard boiled eggs, whipped cream cheese 16.95

SMOKED MAINE SALMON SANDWICH*

Tomatoes, onion, whipped cream cheese on bagel, lyonnaise potatoes 11.95

EGGS & COMPANY

HUEVOS RANCHEROS

Beans, corn tortillas, free range eggs, chorizo sausage, pepper jack, chipotle salsa 12.95

AMERICAN BREAKFAST*

Two local cage free range eggs - any style, tender belly bacon or sausage, lyonnaise potatoes, choice of toast, or bagel 13.95
Sub Scrambled Tofu **V**

PLAN "B" BREAKFAST **V**

Tofu & spinach scrambled, avocado, lyonnaise potatoes, served with your choice of toast or bagel 14.95

CHIPOTLE SQUASH HASH* **GF**

Butternut Squash, spinach, beans, onion, peppers, two local cage free range eggs - over easy 13.95

Sub Scrambled Tofu **V**

Add chorizo 1.95

3 EGG DENVER OMELET*

Local free range eggs, ham, gruyere swiss cheese, peppers served with toast, or bagel and lyonnaise potatoes 14.95

3 EGG VEGGIE OMELET *

Organic spinach, avocado, basil pesto, goat cheese - served with toast, or bagel and lyonnaise potatoes 14.95

MAWA'S BENEDICT*

Served on potato latke, two soft poached eggs, classic hollandaise sauce

VEGETARIAN:* beefsteak tomatoes, avocado 15.95

CLASSIC:* black forest ham 15.95

MAINE SMOKED SALMON*: sauteed spinach 17.95

FARMER'S WIFE *

Assortment of roasted seasonal vegetables, lyonnaise potatoes, two local free range eggs over easy and buttermilk biscuit 14.95

Sub Scrambled Tofu **V**

SMASHED AVOCADO CURRY

Smashed avocado, curry, lime, hempseed served rustic bread, one local cage free range eggs - over easy, cup of fresh fruit 14.95

Sub Scrambled Tofu **V**

BUTTERMILK BISCUIT & GRAVY*

Homemade Buttermilk biscuit, sausage gravy, two local cage free range eggs - over easy, lyonnaise potatoes 12.95

MAWA'S FAMOUS FRENCH TOAST

Rustic bread, fruit compote, **Mawa's Grain FreeNola**, Vermont maple syrup 12.95

Sub Gluten Free Buttermilk Bread 2.50

BANANA OATMEAL BLUEBERRY PANCAKE **GF**

Vermont maple syrup 12.95

OLD FASHIONED BUTTERMILK PANCAKE

Fresh berries, Vermont maple syrup 12.95

CROQUE MADAME*

Toasted ham and cheese on rustic bread with a fried egg and mornay sauce, lyonnaise potatoes 12.95

BACON, EGG & CHEESE SANDWICH*

Local cage free eggs, tender belly bacon, cheese and lyonnaise potatoes 9.95
White, Wheat Toast or Bagel

BREAKFAST BURRITOS

Choice of Sprouted Wheat OR Flour Tortilla, Homemade Salsa and Sour Cream

Add Avocado 1.95, Add Extra Eggs 1.95

Add Scrambled Tofu 1.95

HEALTH NUT BURRITO **V**

Roasted seasonal vegetables, tofu scrambled, butternut squash, cashew ricotta 10.95

ASPENITE BURRITO ***VEG**

Eggs, spinach, butternut squash, beefsteak tomato, gruyere swiss cheese blend 10.95

MEXICAN BREAKFAST BURRITO*

Chorizo, eggs, onions, peppers, beans, gruyere swiss cheese blend 10.95

BACON, EGG & CHEESE BURRITO*

Tender belly bacon, lyonnaise potatoes, free range eggs, gruyere swiss cheese blend 10.95

COWBOY BURRITO*

Sausage gravy, lyonnaise potatoes, free range eggs, gruyere swiss cheese blend 10.95

*Consuming raw or undercooked meats, poultry, seafood, shellfish, raw eggs can be hazardous to your health.



MAWA'S KITCHEN

A S P E N

SIDES

SCRAMBLED & SPINACH TOFU 6.95
 TENDER BELLY BACON (2) 5.95
 SAUSAGE OF THE DAY 4.95
 POTATO LATKE WITH SOUR CREAM 6.95
 BUTTERMILK PANCAKE 6.95
 BANANA OATMEAL BLUEBERRY PANCAKE 7.95
 WARM BUTTERMILK BISCUIT 3.95
 LYONNAISE POTATOES 3.95
 MAINE SMOKED SALMON 8.95
 GLUTEN-FREE TOAST 2.50/slice

REFRESHERS

SMOOTHIE OF THE DAY 8.95
 Add: Vegan Protein Powder 1.95
 Add: Matcha Green Tea (Energy) 1.95

FRESHLY SQUEEZED ORANGE JUICE 6.95

FRESH HOUSE MADE LEMONADE 5.95

HOUSE BREWED ICED TEA 4.95
 "Two Leaves & A Bud Tea"

CHAPMAN JUICE
 Spinach, celery, romaine, banana, cilantro 8.95
 Add: Matcha Green Tea (Energy) 1.95

GREEN
 Kale, cucumber, granny smith apple, lemon,
 spinach, cinnamon 8.95
 Add: Matcha Green Tea (Energy) 1.95

CARROT & GINGER
 Carrot, ginger, turmeric, granny smith apple 8.95
 Add: Matcha Green Tea (Energy) 1.95

COFFEE | TEA | COCOA

Coffee - Locally Roasted by BONFIRE

Add Coconut Milk 1

Add Almond Milk 1

Add Organic Syrup 1 - Vanilla | Hazelnut | Pumpkin

LAVENDER MATCHA LATTE V	5.95
DRIP COFFEE	3.85
ESPRESSO SINGLE	2.65
ESPRESSO DOUBLE	3.25
CAPPUCCINO	4.25
LATTE	4.65
AMERICANO	3.25
ICED COLD BREWED COFFEE	4.25
TWO LEAVES & A BUD TEA	3.85

HOLIDAY MEAL PICK UP

CELEBRATE THE HIGH HOLIDAYS WITH A TRADITIONAL FEAST

HOLIDAY DINNER MENU

FOUR COURSE

CHRISTMAS MENU 108

THREE COURSE NYE MENU 98

SELECT OF OUR EXTENSIVE APPETIZER & A LA CARTE MENU

TO PLACE YOUR ORDER

EMAIL:

DANIEL@MAWASKITCHEN.COM

BY DECEMBER 20TH

MUST HAVE @MAWA'S

INDULGE IN

MAWA'S FAMOUS VALRHONA
 HOT COCOA & WHIPPED
 CREAM 8.95

ADD RUM/BOURBON 2.95

CATERING

SPEND MORE TIME AT THE TABLE

Let us cater your next soiree so you can enjoy time with family and friends.

OUR TEAM OF TALENTED CHEFS HAVE CREATED CATERING MENUS THAT HIGHLIGHT SEASONAL, LOCAL INGREDIENTS ALONG WITH EXOTIC, GLOBAL FLAVORS FOR DISHES THAT ARE DELICIOUS. PAIRED WITH THE HIGHEST QUALITY OF SERVICE, WE'LL MAKE YOUR EVENT ONE TO REMEMBER.

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MawasKitchen.com

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